



Living Fully with OCD

This is a special community outreach event to promote OCD awareness. There is no fee for attending the community program. Our goal is to provide up-to-date information about OCD and treatment. The program is open to anyone who has OCD, treats OCD, knows someone who has OCD, or wants to learn more about OCD.

Saturday, October 7, 2017

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| 8:30 AM-9:00 AM | Registration |
| 9:00 AM-9:15 AM | Welcome & Opening Remarks
Saharah Shrouf, LPC and Christen Sistrunk, LPC
<i>Co-Presidents, OCD Texas</i> |
| 9:15 AM-9:30 AM | Tribute to Successes in Our OCD Community
Members Living Life with OCD |
| 9:30 AM-10:15 AM | Keynote Address
Sara Casselberry |
| 10:15 AM-10:30 AM | BREAK |
| 10:30 AM-11:15 AM | Exposure & Response Prevention: What, Why, and How
Ginny Fullerton, Ph.D.
<i>Capital OCD & Anxiety Practice/OCD Texas</i>
Melissa Fasteau, Psy.D.
<i>Houston OCD Program/ OCD Texas</i> |
| 11:15 AM-12:30 PM | LUNCH BREAK
DON'T FORGET TO VISIT OUR SPONSOR TABLES |
| 12:30 PM-1:30 PM | Accepting the Unacceptable: An ACTIVE Workshop
Christen Sistrunk, LPC
<i>The Houston Center for Valued Living</i>
Nicholas Taylor, Ph.D. and Claire Palmer, LPC-I
<i>Capital OCD & Anxiety Practice</i> |
| 1:30 PM-2:15 PM | Ask the Experts Panel: OCD Therapy Tips and Tools
Diana Damer, Ph.D.
<i>Anxiety Treatment Center of Austin</i>
Samantha Bray, LCSW
<i>Bray Counseling/ Hill Country OCD</i>
Community Member |
| 2:15 PM-2:30 PM | BREAK |
| 2:30 PM-3:10 PM | Ask the Experts Panel: Encouraging Children & Family with OCD
Ivy Ruths, Ph.D.
<i>OCD Texas/ Ruths Psychological Association</i>
Janna Greeson, Ph.D.
<i>Anxiety Treatment Center of Austin</i>
Nicholas Taylor, Ph.D.
<i>Capital OCD & Anxiety Practice</i>
Community Member |
| 3:10 PM-3:15 PM | Closing Remarks & Invitation to Support Groups |
| 3:15 PM-4:00 PM | Encore! Breakout Support Group Sessions |