This is a special community outreach event to promote OCD awareness. There is no fee for attending the community program. Our goal is to provide up-to-date information about OCD and treatment. The program is open to anyone who has OCD, treats OCD, knows someone who has OCD, or wants to learn more about OCD.

Saturday, October 7, 2017

8:30 AM-9:00 AM  Registration
9:00 AM-9:15 AM  Welcome & Opening Remarks
Saharah Shrou, LPC and Christen Sistrunk, LPC
Co-Presidents, OCD Texas

9:15 AM-9:30 AM  Tribute to Successes in Our OCD Community
Members Living Life with OCD

9:30 AM-10:15 AM  Keynote Address
Sara Casselberry

10:15 AM-10:30 AM  BREAK

Ginny Fullerton, Ph.D.
Capital OCD & Anxiety Practice/OCD Texas
Melissa Fasteau, Psy.D.
Houston OCD Program/ OCD Texas

11:15 AM-12:30 PM  LUNCH BREAK
DON’T FORGET TO VISIT OUR SPONSOR TABLES

12:30 PM-1:30 PM  Accepting the Unacceptable: An ACTive Workshop
Christen Sistrunk, LPC
The Houston Center for Valued Living
Nicholas Taylor, Ph.D. and Claire Palmer, LPC-I
Capital OCD & Anxiety Practice

1:30 PM-2:15 PM  Ask the Experts Panel: OCD Therapy Tips and Tools
Diana Damer, Ph.D.
Anxiety Treatment Center of Austin
Samantha Bray, LCSW
Bray Counseling/ Hill Country OCD
Community Member

2:15 PM-2:30 PM  BREAK

2:30 PM-3:10 PM  Ask the Experts Panel: Encouraging Children & Family with OCD
Ivy Ruths, Ph.D.
OCD Texas/ Ruths Psychological Association
Janna Greeson, Ph.D.
Anxiety Treatment Center of Austin
Nicholas Taylor, Ph.D.
Capital OCD & Anxiety Practice
Community Member

3:10 PM-3:15 PM  Closing Remarks & Invitation to Support Groups

3:15 PM-4:00 PM  Encore! Breakout Support Group Sessions