Living Fully with OCD

October 7, 2017
9:00 am - 4:00 pm

Renaissance Austin Hotel
9721 Arboretum Blvd.
Austin, TX 78759

For more information:
ocdtexas.org
facebook.com/ocdtexasforsure

Agenda Includes:

• Tribute to Successes in Our OCD Community
• Keynote Address
• Exposure and Response Prevention: What, Why, and How Accepting the Unacceptable - An ACTive Workshop
• Ask the Experienced Panel: OCD Therapy Tips and Tools
• Ask the Experts Panel: Encouraging Children and Family with OCD
• Breakout Support Group Sessions

MISSION

OCD Texas is dedicated to bringing together OCD sufferers, their families and friends, researchers treating professionals across Texas in order to:

• educate the public and professionals about OCD and related disorders in order to raise awareness and improve the quality of treatment provided;
• improve access to resources for those with OCD and their families so that individuals afflicted with OCD and related disorders can better identify, seek, and gain access to appropriate support and affordable treatment
• support research toward better understanding and more effective treatments for OCD and related disorders
• advocate and lobby for the OCD community.

OCD Texas is an official affiliate of the International OCD Foundation (IOCDF), a non-profit organization that aims to raise awareness about OCD and related disorders, increase access to effective treatment, help end stigma, and foster a community for individuals affected by OCD, their families, and mental health professionals.